

IDENTIFICATION CODE: REGISTER ON THE KEYBOARD TO LOAD THE INFORMATION: this information includes the AGEB + the list area + the block + the number of the house + the family code + the progressive number + The kinship category + the age + the cryovial number in case of blood sampling.

BEFORE YOU BEGIN 15 AGEB 16 LIST AREA 17 BLOCK
18 HOUSE 19 FAMILY CODE

20 Digit in LOP the consecutive number +

21 Codes for kinship categories +



211

Head of the family



212

Husband/wife



213

Son/daughter



214

Grandson/granddaughter



215

Father/mother



216

Brother/sister



217

Grandfather/grandmother



218

Uncle/aunt



219

Cousin



2110

Nephew/niece



2111

Father or mother in law



2112

Brother or sister in law



2199

Not know, Not answer

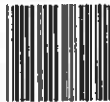
22 How old are you and what is your name?

(Digit the initials of the name in LOP ie. Juan José Camilo Mtz. Glez. = JMG)

(9 if NK or NA)

Now I would like to interview: _____.
Name of the interviewee

23 Sex



231

M



232

F

24 What is your marital status?



241

Single



242

Divorced



243

Living together



245

Married



244

Separated



246

Widowed



249

Not know, Not answer

25 What was your last school level?



251

Illiterate



256

Complete elementary



2511

Technical studies
with complete secondary level



252

Knows how to read



257

Technical studies
With complete elementary



2512

Complete high school



253

Knows how to read and write



258

Incomplete Secondary



2513

Technical studies
With complete high school



254

Incomplete elementary



259

Complete Secondary



2514

Incomplete university



255

Complete university



2510

Post graduate degree



2599

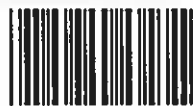
Not know, Not answer

26 How long have you been living in Coyoacan?



261

Less than 1 year



262

From 1 to 4 years



263

From 5 to 9 years



264

More than 9 years



269

Not know, Not answer

27 What is your present occupation?



271
Professional



272
Laborer or Handcrafter



273
Labor in the construction's industry



274
Technic



275
Helper or similar



276
Chauffeur/driver



277
Teacher



278
Public sector worker



279
Student



2710
Art worker



2711
Private sector worker



2712
Housework



2713
Bussinesman, manager



2714
Labor (blue collar)



2715
Retired



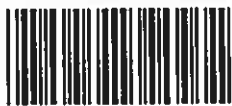
2716
Merchant/shopkeeper



2717
Domestic job



2718
Contractor



2719
Peddler



2720
Policeman or security guard



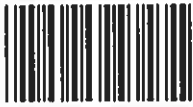
2721
Unemployed



2799
Not know, Not answer

28 Approximately, how much money do you earn every month?
Digit in LOP the quantity 9 if NK/NA)

29 Do you exercise or sport?



291

YES



292

NO

Pass to question 32



299

Not know, Not answer

30 How many times a week do you exercise?



301

Less than once a week



302

1 - 2 times a week



303

3 or more times a week



309

Not know, Not answer

31 When you exercise, How long, in minutes, do you work out?



311

Less than 30 min.



312

From 30 to 60 min.



313

More than 60 min.



318

Not know, Not answer

32 About your sleeping habits, How many hours do you sleep daily?

Digit in LOP the amount (9 if NK/NA)

In relation with your tobacco habits

33 Have you ever smoked tobacco?



331

YES



332

NO

Pass to question 44



339

Not know, Not answer

34 How old were you, when you started smoking regularly?

Digit in LOP the age (9 if NK/NA)

35 Do you smoke nowadays regularly (at present time)?



351
YES



352
NO



359
Not know, Not answer

Pass to question 40

36 With what frequency do you smoke?



361
Daily



362
Weekly



363
Monthly



364
Occasionally



369
Not know, Not answer

37 When you smoke, How many cigarettes do you smoke in a day?

Digit in LOP the amount (9 if NK/NA)

38 When you smoke tobacco, do you inhale?



381
YES

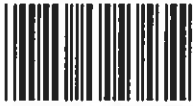


382
NO



389
Not know, Not answer

39 Have you ever quit smoking?



391
YES



392
NO



399
Not know, Not answer

Pass to question 44

40 How long ago did you quit the last time?



401
Less than 1 year



402
1 to 3 years



403
More than 3 years



409
Not know, Not answer

41 The last time that you quit smoking, How long did you give up?



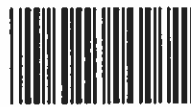
411
Less than 1 year



412
1 to 2 years



413
More than 2 years

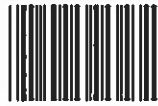


419
Not know, Not answer

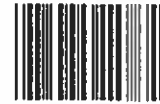
42 When you smoked, With what frequency did you do it?



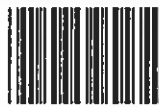
421
Daily



422
Weekly



423
Monthly



424
Occasionally



429
Not know, Not answer

43 How many cigarettes did you smoke?

Digit in LOP the amount (9 if NK/NA)

44 How many of the people that live in with you, smoke inside the house?

Digit in LOP the number of people (99 NK/NA)

About your alcohol consumption habits:

45 In the last 12 months, How often did you drink any beverage with alcohol? (Beer, Pulque, wine, brandy, whisky, rum, tequila, coolers, presidencolas, etc.)



451

Daily



452

2 or 3 times per month



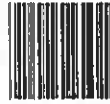
453

1 to 5 times per year



454

3 or 4 times per week



455

more or less one time per month



456

Never in the last 12 months
but yes before



457

1 or 2 times per week



458

6 to 11 times per year



459

Never has consumed alcohol
Pass to question 48



4599

Not know, Not answer

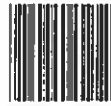
46 How many cups or glasses do you drink in one occasion?

This means any combination of beer, wine, rum, etc.



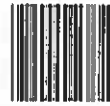
461

1 to 2



462

3 to 4



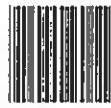
463

5 to 7



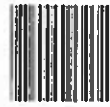
464

8 to 11



465

12 or more



469

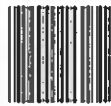
Not know, Not answer

47 What beverage did you drink most frequently?



471

Beer



472

Wine



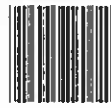
473

Brandy, whiskey, tequila or rum



474

Pulque



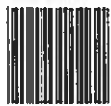
475

Cooler



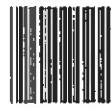
478

Pure alcohol



477

Other alcohol beverage



479

Not know, Not answer

48 Have you been diagnosed with any of the next diseases?
 If answers affirmative, register in LOP the code of the disease,
 followed by the diagnostic decade code.



481

Emphysema



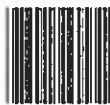
482

Heart attack



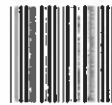
483

Angina pectoris



484

Diabetes



485

Asthma



486

Stroke



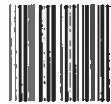
4813

Prostatic cancer



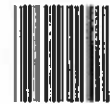
487

Chronic kidney insufficiency



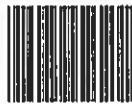
488

Peptic ulcer



489

Cirrhosis of liver



4810

Hypertension



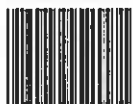
4811

Lung cancer



4812

Other cancer



4814

Cervical cancer



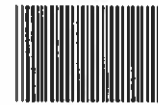
4815

Breast cancer



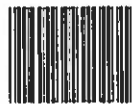
4816

Oesophagus, stomach or intestine cancer



4818

Peripheral arterial disease



4817

Oral, nasal or throat cancer



4899

Not know, Not answer



4819

None or end of the options

Pass to 50 if is a woman or to 58 if is a man

49 DECADE'S CODES OF THE DIAGNOSTIC



485

1950-1959



486

1960-1969



487

1970-1979



488

1980-1989



489

1990-1999



490

NOT REMEMBER

Pass to 50 if is a woman
or to 58 if is a man

QUESTIONS ONLY FOR WOMEN.

IF THE INTERVIEWEE IS A MAN PASS TO QUESTION 58.

Now I am going to ask you some questions about your life as a woman:

50 Do you still have your period (menstruation)?



501

YES

Pass to question 54



502

NO



503

Not know, Not answer

51 Have you had major surgery to remove your uterus?



511

YES



512

NO



513

Not know, Not answer

52 Have you had major surgery to remove your ovaries?



521

YES



522

NO



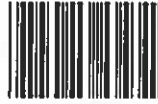
523

Not know, Not answer

53 Have you received any hormonal therapy for the menopausal disturbances?



531
YES



532
NO

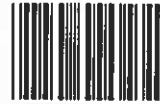


539
Not know, Not answer

54 From the next list of contraceptives, which one you have used more?



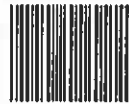
541
The Pill



542
Syring hormonal



543
Other



544
None



549
Not know, Not answer

55 If you have had sex life, at what age did you have your first sexual relation?

Digit age in LOP (9 NK/NA)

56 How old were you when you get pregnant for first time?

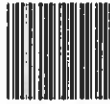
Digit age in LOP (9 NK/NA)

57 How many pregnancies have you got in your life?

Digit quantity in LOP (9 NK/NA)

Now I am going to ask you some questions about your diet

58 How many days per week do you eat fruit and vegetables?



581

1 to 2



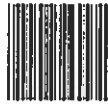
582

3 to 4



583

5 to 7



584

Never



589

Not know, Not answer

59 How many days per week do you eat fried food?

Like sopes, huaraches, fried beans, Quesadillas, etc.



591

1 to 2



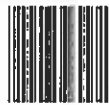
592

3 to 4



593

5 to 7



594

Never



599

Not know, Not answer

60 With what kind of oil do you cook your meals?



601

Olive oil



602

Other vegetal oil
(Cartamus, Soy)



603

Butter



604

Margarine



605

Vegetal fat



606

Animal fat



607

None



609

Not know, Not answer

61 Have you take any medicine (including aspirins) during more than a month?



611

YES

Pass to question 63



612

NO



619

Not know, Not answer

62 When was the last time that you take any medicine for more time than a month?



621

2 to 3 months



623

More than 6 months



622

4 to 6 months



629

Not know, Not answer

63 Would you tell me the name of the medicine or prescription that you have take for more than a month?

Digit the code of the main prescriptions (maximum three)

(Not know, Not answer 999) (Other vgr. alternative medicine 001, None 000)

To end the study I would like to make you some measures and take you a blood test:

64 Arterial Pressure (Three registers with 3 minutes between each one)
Digit the measurements consecutively
numbers below 100 have a 0 before ie. 90=090.

65 WEIGHT (kg)

66 HEIGHT (cm.)

67 Waist perimeter. (cm.)

68 Hip perimeter (cm.)

69 BLOOD SAMPLE'S RESULT



691

ADEQUATE BLOOD SAMPLE



692

INADEQUATE BLOOD SAMPLE
PASS TO 73



699

DENIED THE BLOOD SAMPLE
PASS TO 73

70 DATE AND HOUR OF THE BLOOD SAMPLE (write them consecutive)

71 DATE AND HOUR OF THE LAST MEAL (write them consecutive)

72 Cryovial code (only who accepted the blood sample)

REGISTER THIS LAST INFORMATION FROM THE ADHESIVE TAG OF THE VACUTAINER

73 Interview result



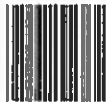
731

Denied to give information



732

Complete interview with anthropometry and blood sample



733

Complete interview without anthropometry and without blood sample



734

Complete interview with blood sample but without anthropometry



735

Complete interview with anthropometry but without blood sample